



# EAST KENTUCKY DIABETES SYMPOSIUM

## Primary Care Centers of Eastern Kentucky – Event Center

101 Town & Country Lane, Hazard, KY 41701 | April 11, 2025 | 9 AM – 4:30 PM

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### 9:00 AM – 9:15 AM: Registration & Welcome Breakfast

### 9:15 AM – 9:30 AM: Opening Remarks

- Barry Martin – CEO and Founder, Primary Care Centers of Eastern Kentucky

### 9:30 AM – 10:15 AM: Keynote Presentation

- Secretary Eric Friedlander – Kentucky Cabinet for Health and Family Services

### 10:15 AM – 11:00 AM: Interactive CGM Activity

### 11:00 AM – 11:15 AM: Break

### 11:15 AM – 12:00 PM: Presentation – “Eating Your Food Like It’s Medicine: Practical Approaches to Diabetes-Friendly Diets”

- Ashley Webb, RN, LDE – System Diabetes Education Coordinator, Appalachian Regional Healthcare

### 12 PM – 12:45 PM: Lunch

Lunch Sponsored by:  Medtronic Diabetes

- Jenny Saling, FNP, CDCES – Clinical Business Manager, Medtronic Diabetes Group

### 12:45 PM – 1:30 PM: Diabetes Patient Panel Discussion

- Dr. John Jones (Moderator) – Medical Director, Primary Care Centers of Eastern Kentucky

### 1:30 PM – 2:30 PM: Presentation – “Diabetes Mellitus and Chronic Kidney Disease: The Hidden Epidemic”

- Dr. Kurt Sowers – Nephrologist, Appalachian Regional Healthcare

### 2:30 PM – 3 PM: Presentation – “Meeting People Where They Are”

Martha Bailey, RN, CDCES – Certified Diabetes Care and Education Specialist, Mary E. Martin Diabetes Center of Excellence and Primary Care Centers of Eastern Kentucky

### 3 PM – 4 PM: Diabetes Escape Room Activity

### 4 PM – 4:30 PM: Final Q&A and Closing Remarks

- Recap of the day’s activities
- Open floor for final questions
- Thank attendees and provide next steps for continued education

*Mission*

To equip healthcare providers, community leaders, and individuals with actionable knowledge to improve the prevention and management of diabetes in Eastern Kentucky.